



PUBLIC HEALTH & FAMILY PRACTICE MODULE

4th Professional MBBS (Session 2019-20)



Note: Given below is the sequence of the calendar that would be followed normally.
Saturday of the same week will be utilized to compensate any unscheduled holiday.

Abbreviations used: SDL, Self-directed Learning; DSL, Directed Self Learning; SGD, Small Group Discussion; P, Practical; Patho, Pathology; Ophth, Ophthalmology; C Med, Community Medicine; Med, Medicine; Surg, Surgery; Ortho, Orthopaedics; Derm, Dermatology; Gynae-Obs, Gynaecology & Obstetrics; Paeds, Paediatrics; SLRC, Self-Learning Resource Centre.

Division for Practicals: Batch A1: 1-62; Batch A2: 63-125; Batch B1: 126-187; Batch B2: 188-250 and onward.

Division for SGDs: Group 1: 1-42; Group 2: 43-84; Group 3: 85-125; Group 4: 126-167; Group 5: 168-209; Group 6: 210-250 and onward

TIME TABLE OF PUBLIC HEALTH & FAMILY PRACTICE MODULE FOR 4TH YEAR MBBS (SESSION 2019-20)

WEEK 1

Day/Date	08:00 - 09:00 am	09:00 - 10:30 am	10:30 am - 01:00 pm	01:00 - 01:30 pm	01:30 - 02:15 pm	02:15 – 03:00 pm
THEME 1: ENVIRONMENTAL HEALTH & HEALTH SYSTEM						
Mon 18/11/2019	C Med-L1 Introduction to environmental health & Health system of Pakistan Dr Imran Marwat (Patho-19)	C Med SGD1 Group 1: Dr Hayat (C Med Conference Room) Group 2: Dr Imranullah (C Med-27) Group 3: Dr Jehan (C Med-28) Group 4: Dr Sidra (C Med-26) Group 5: Dr Natasha (Patho-19) Group 6: Dr Aziza (Patho-20)	HOSPITAL WORK	PRAYER BREAK	C Med-L2 Primary Health Care Dr Romana (Patho-19)	C Med-L3 Air pollution & management I Dr Kashif (Patho-19)
Tue 19/11/2019	C Med-L4 Air pollution & management II Dr Kashif (Patho-19)	Patho P1 Batch A1: Dr Sunia (Patho-21) Batch A2: Dr Momena (Patho-22) C Med SGD2 Group 4: Dr Sidra (C Med Conference Room) Group 5: Dr Natasha (C Med-27) Group 6: Dr Aziza (C Med-28)			PRIME-L1 Research- C Med Measures of morbidity and surveillance Dr Romana (Patho-19)	C Med-L5 Waste management I Dr Ambreen (Patho-19)
Wed 20/11/2019	C Med-L6 Waste management II Dr Ambreen (Patho-19)	Patho P1 Batch B1: Dr Sunia (Patho-21) Batch B2: Dr Momena (Patho-22) C Med SGD2 Group 1: Dr Hayat (C Med Conference Room) Group 2: Dr Imranullah (C Med-27) Group 3: Dr Jehan (C Med-28)			C Med-L7 Hospital waste management Dr Adeela (Patho-19)	Psych-L1 Psychotic disorders Prof Sultan (Patho-19)
Thu 21/11/2019	C Med-L8 Health Management Information System Dr Imran Marwat (Patho-19)	C Med Research projects (Research Batches 1-23) Development of Research plan and methodology Teacher & Venue: See the Department's notice board			C Med-L9 Noise & Radiation pollution Dr Rubeena (Patho-19)	Med-L1 Migraine Dr Haroon (Patho-19)
Fri 22/11/2019	C Med-L10 Food preservation and pasteurization Dr Rubeena (Patho-19)	09:00 - 10:00 am Psych-L2 Mood disorders Prof Sultan (Patho-19)			HOSPITAL WORK	

C Med SGD1: Water pollution
C Med SGD2: Water quality management I

Patho P1: Lipoma

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WEEK 2

Day/Date	08:00 - 09:00 am	09:00 - 10:30 am	10:30 am - 01:00 pm	01:00 - 01:30 pm	01:30 - 02:15 pm	02:15 – 03:00 pm	
THEME 1: ENVIRONMENTAL HEALTH & HEALTH SYSTEM							
Mon 25/11/2019	C Med-L11 Health Plans Dr Romana (Patho-19)	C Med SGD3 Group 1: Dr Hayat (Patho-20) Group 2: Dr Imranullah (C Med Conference Room) Group 3: Dr Jehan (C Med-27) Group 4: Dr Sidra (C Med-28) Group 5: Dr Natasha (C Med-26) Group 6: Dr Aziza (Patho-19)	HOSPITAL WORK	PRAYER BREAK	C Med-L12 Health Economics Dr Imran Marwat (Patho-19)	Med-L2 Gastro-esophageal Reflux Disease (GERD) Dr Saleem Iqbal (Patho-19)	
Tue 26/11/2019	C Med-L13 Millennium Development Goals (MDGs) Dr Rubeena (Patho-19)	Patho P2 Batch A1: Dr Sunia (Patho-22) Batch A2: Dr Momena (Patho-21) C Med SGD4 Group 4: Dr Sidra (C Med-27) Group 5: Dr Natasha (C Med-28) Group 6: Dr Aziza (C Med Conference Room)			PRIME-L2 Research- C Med Measures of morbidity incidence and prevalence Dr Romana (Patho-19)	C Med-L14 Sustainable Development Goals (SDGs) Dr Ambreen (Patho-19)	
Wed 27/11/2019	C Med-L15 Health planning & policy Dr Imran Marwat (Patho-19)	Patho P2 Batch B1: Dr Sunia (Patho-22) Batch B2: Dr Momena (Patho-21) C Med SGD4 Group 1: Dr Hayat (C Med Conference Room) Group 2: Dr Imranullah (C Med-27) Group 3: Dr Jehan (C Med-28)			Med-L3 Irritable Bowel Syndrome (IBS) Dr Sheema (Patho-19)	C Med-L16 Hospital Administration Dr Kashif (Patho-19)	
Thu 28/11/2019	Psych-L3 Sleep & Anxiety disorders Dr Bashir (Patho-19)	09:00 - 09:45 am			09:45 - 10:30 am	C Med-L18 Food fortification and adulteration Dr Rubeena (Patho-19)	Med-L4 Rabies Dr Zahid Wazir (Patho-19)
		C Med-L17 Biostatistics; data, types of variables, measures of central tendency Dr Kashif (Patho-19)			C Med Research projects (Research Batches 1-23) Teacher & Venue: See the Department's notice board		
Fri 29/11/2019	C Med-L19 Disaster management in health Dr Adeela (Patho-19)	09:00 - 10:00 am	10:00 am - 12:30 pm	12:30 - 02:00 pm	02:00 - 03:00 pm		
		Derm-L1 Scabies & Drug Eruption Dr Sadaf (Patho-19)	HOSPITAL WORK		JUMMA PRAYER	SDL (SLRC/Library)	

C Med SGD3: Water quality management II
C Med SGD4: Water quality management III

Patho P2: Haemangioma

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WEEK 3

Day/Date	08:00 - 09:00 am	09:00 - 10:30 am	10:30 am - 01:00 pm	01:00 - 01:30 pm	01:30 - 02:15 pm	02:15 – 03:00 pm		
THEME 3: MOTHER & CHILD HEALTH								
Mon 02/12/2019	Paeds-L1 Vaccines in EPI Dr Sabir (Patho-19)	C Med SGD5 Group 1: Dr Romana (C Med-26) Group 2: Dr Ambreen (C Med-27) Group 3: Dr Kashif (C Med Conference Room) Group 4: Dr Jehan (C Med-28) Group 5: Dr Natasha (Patho-19) Group 6: Dr Sidra (Patho-20)	HOSPITAL WORK	PRAYER BREAK	Gynae-Obs-L1 Antenatal care Dr Naheed (Patho-19)	Paeds-L2 Immunization for vaccine-preventable diseases- Tetanus Dr Zia (Patho-19)		
Tue 03/12/2019	Paeds-L3 Integrated Management of Neonatal & Childhood Illnesses (IMNCI) Dr Sabahat (Patho-19)	Patho P3 Batch A1: Dr Sunia (Patho-21) Batch A2: Dr Momena (Patho-22) C Med SGD6 Group 4: Dr Jehan (C Med-26) Group 5: Dr Natasha (C Med-27) Group 6: Dr Sidra (C Med-28)			PRIME-L3 Research- C Med Data Presentation techniques Dr Hayat (Patho-19)	Paeds-L4 Influenza type B & Pneumococcal pneumonia Dr Zia (Patho-19)		
Wed 04/12/2019	C Med-L20 IMNCI & Antenatal care Dr Rubeena (Patho-19)	Patho P3 Batch B1: Dr Sunia (Patho-21) Batch B2: Dr Momena (Patho-22) C Med SGD6 Group 1: Dr Romana (C Med-28) Group 2: Dr Ambreen (C Med Conference Room) Group 3: Dr Kashif (C Med-27)			Ortho-L1 General management of fractures Dr Siraj (Patho-19)	Ophth-L1 Viral conjunctivitis Dr Tajamul (Patho-19)		
Thu 05/12/2019	Paeds-L5 Immunization for vaccine-preventable diseases- Polio Dr Zia (Patho-19)	09:00 - 09:45 am C Med-L21 Measures of dispersion Prof Bushra (Patho-19)			09:45 - 10:30 am C Med Research projects (Research Batches 1-23) Teacher & Venue: See the Department's notice board	Gynae-Obs-L2 Menopause Dr Mahjabeena (Patho-19)	Ophth-L2 Ophthalmia neonatorum Dr Tajamul (Patho-19)	
Fri 06/12/2019	Paeds-L6 Malnutrition Dr Arshia (Patho-19)	09:00 - 10:00 am Gynae-Obs-L3 Contraception Dr Naila (Patho-19)			HOSPITAL WORK		JUMMA PRAYER	SDL (SLRC/Library)

C Med SGD5: Safe motherhood I
C Med SGD6: Safe motherhood II

Patho P3: Fine Needle Aspiration and Cytology (FNAC)

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WEEK 4

Day/Date	08:00 - 09:00 am	09:00 - 10:30 am	10:30 am - 01:00 pm	01:00 - 01:30 pm	01:30 - 02:15 pm	02:15 - 03:00 pm	
THEME 3: GROWTH							
Mon 09/12/2019	Psych-L4 Learning disabilities; childhood psychiatric disorders Dr Imran (Patho-19)	C Med SGD5 Group 1: Dr Aziza (C Med-26) Group 2: Dr Natasha (C Med-27) Group 3: Dr Imran Marwat (C Med Conference Room) Group 4: Dr Jehan (C Med-28) Group 5: Dr Imranullah (Patho-19) Group 6: Dr Sidra (Patho-20)	HOSPITAL WORK	PRAYER BREAK	Med-L5 Nutritional Anaemias- types and management Dr Zahid Fida (Patho-19)	C Med-L22 Under nutrition- Protein calorie malnutrition Dr Romana (Patho-19)	
Tue 10/12/2019	C Med-L23 Data Processing Techniques Dr Hayat (Patho-19)	Patho P3 Batch A1: Dr Sunia (Patho-21) Batch A2: Dr Momena (Patho-22) C Med SGD6 Group 4: Dr Aziza (C Med-26) Group 5: Dr Natasha (C Med-27) Group 6: Dr Imran Marwat (C Med-28)			Surg-L1 Common surgical conditions in primary care; Lumps & Bumps Dr Younas (Patho-19)	C Med-L24 Over nutrition- Obesity and control Dr Romana (Patho-19)	
Wed 11/12/2019	C Med-L25 Nutritional Assessment I Dr Rubeena (Patho-19)	Patho P3 Batch B1: Dr Sunia (Patho-21) Batch B2: Dr Momena (Patho-22) C Med SGD6 Group 1: Dr Imranullah (C Med-28) Group 2: Dr Jehan (C Med Conference Room) Group 3: Dr Sidra (C Med-27)			C Med-L26 Demography I Dr Adeela (Patho-19)	Surg-L2 Wound care Dr Muneer (Patho-19)	
Thu 12/12/2019	Paeds-L7 Immunization for vaccine preventable diseases- Diphtheria & Pertussis Dr Zia (Patho-19)	09:00 - 09:45 am			09:45 - 10:30 am	C Med-L28 Demography II Dr Adeela (Patho-19)	SDL (SLRC/Library)
		C Med-L27 Normal distribution in biostatistics; it's types and Percentile Prof Bushra (Patho-19)			C Med Research projects (Research Batches 1-23) Teacher & Venue: See the Department's notice board		
Fri 13/12/2019	C Med-L29 Nutritional Assessment II Dr Rubeena (Patho-19)	09:00 - 10:00 am	10:00 am - 12:30 pm	JUMMA PRAYER	SDL (SLRC/Library)		
		Med-L6 Obesity- its complications & management Dr Hamza (Patho-19)	HOSPITAL WORK				

C Med SGD7: Health education I
C Med SGD8: Health education II

Patho P4: Teratoma